

File ID 228526
Filename Chapter 4: Effect of apolipoprotein B synthesis inhibition on liver
triglyceride content in patients with familial hypercholesterolemia

SOURCE (OR PART OF THE FOLLOWING SOURCE):

Type Dissertation
Title Dyslipidemia, sense, antisense or nonsense?
Author M.E. Visser
Faculty Faculty of Medicine
Year 2011
Pages 194
ISBN 9789461081940

FULL BIBLIOGRAPHIC DETAILS:

<http://dare.uva.nl/record/391041>

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Journal of Lipid Research 2010 May;51(5):1057-62.

Chapter

4

Effect of apolipoprotein B synthesis inhibition on liver triglyceride content in patients with familial hypercholesterolemia

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Abstract

Background

To investigate the impact of mipomersen, an apolipoprotein B-100 (apoB) synthesis inhibitor, on intrahepatic triglyceride content (IHTG-content), we conducted a randomized, double-blind, placebo-controlled study in 21 patients with Familial Hypercholesterolemia (FH).

Methods

Subjects received a weekly subcutaneous dose of 200 mg mipomersen or placebo for 13 weeks while continuing conventional lipid lowering therapy. The primary endpoint was change in intrahepatic triglyceride (IHTG)-content from Week 0 to Week 15 as measured by localized proton magnetic resonance spectroscopy (¹H-MRS).

Results

Thirteen weeks of mipomersen administration reduced low-density lipoprotein cholesterol by 22.0 (17.8)% and apoB by 19.9 (17.4)% (both $p < 0.01$). One of 10 patients (10%) in the mipomersen treated group developed mild hepatic steatosis at Week 15, which was reversible following mipomersen discontinuation. For the group, there was a trend towards an increase in IHTG-content (placebo; baseline: 1.2% and Week 15: 1.1%; change -0.1 (0.9). Mipomersen; baseline: 1.2 % and Week 15: 2.1%; change 0.8 (1.7) ($p = 0.0513$)).

Conclusion

Mipomersen administration for 13 weeks to subjects with FH is associated with a trend towards an increase in IHTG-content. Future studies evaluating the effects of long-term use of mipomersen reaching more profound reductions in apoB are required prior to broader use of this compound.

Introduction

ApoB is the main structural component of all atherogenic lipid particles and is obligatory for the secretion of VLDL from the liver^{1;2}. As a consequence apoB synthesis inhibition has been put forward as a potentially valuable approach to achieve target levels for low-density lipoprotein cholesterol (LDL-c) in subjects with heterozygous familial hypercholesterolemia (FH) who are characterized by profoundly elevated baseline cholesterol levels and are unable to achieve target levels with conventional lipid lowering therapy^{3;4}. In previous clinical trials, mipomersen, a second generation antisense oligonucleotide targeted to human apoB, has been shown to induce dose-dependent reductions in all apoB containing lipoproteins. A drug elimination half-life of ~30 days resulted in a prolonged pharmacological effect and the drug was overall well tolerated⁵⁻⁷.

Intrinsic to its mechanism of action, apoB synthesis inhibition may result in an impaired secretion of triglyceride-rich VLDL-particles from the liver, potentially leading to accumulation of triglycerides in the liver. In fact, inhibition of microsomal triglyceride transfer protein (MTP), a protein involved in VLDL synthesis downstream of apoB, has been shown to result in hepatic steatosis in both experimental animals and humans^{8;9}. Indeed, hepatic enzyme increases have been observed during treatment with mipomersen, particularly following treatment with higher doses. In line with this observation, during follow up of some patients with elevated liver enzymes, hepatic steatosis was detected (Chapter 3). Since baseline values in these patients were absent and hepatic steatosis is prevalent in the general population¹⁰, a definite causal relationship between administration of mipomersen and hepatic steatosis could not be established.

Insight into the long-term sequelae of apoB synthesis inhibition can be obtained indirectly from the lessons learned from a 'natural variant' of low apoB concentrations, known as familial hypobetalipoproteinemia (FHBL). FHBL is primarily caused by mutations in the apoB gene resulting in truncated forms of apoB¹¹. FHBL subjects are characterized by extremely low levels of apoB and plasma LDL-c and appear to be protected against atherosclerotic disease¹². The majority of patients with FHBL are characterized by severe hepatic steatosis^{13;14}. In contrast, hepatic steatosis is absent in a particular subset of patients with FHBL who are not characterized by truncated forms of apoB¹³. Therefore, the relation between decreased availability of apoB and intrahepatic triglyceride (IHTG)-content is not completely clear.

To evaluate the effects of mipomersen on IHTG-content, a randomized, double-blind, placebo-controlled study was designed in patients with heterozygous FH on conventional lipid lowering therapy. In addition we evaluated IHTG-content over time in a 'positive control group' of subjects with FHBL.

Methods

Study Participants

Twenty-one subjects with heterozygous FH were selected for the treatment group. Men and women between the age of 18 and 75 with a diagnosis of heterozygous FH were eligible. FH had to be diagnosed either by genotyping or by fulfilling the criteria for the diagnosis of FH as outlined by the World Health Organization (Familial Hypercholesterolemia (FH): report of the World Health Organization, 1998). LDL-c was >100 mg/dL (2.6 mmol/L), plasma triglyceride levels <200 mg/dL (2.2 mmol/L), HbA1c $<6\%$, plasma glucose ≤ 5.8 mmol/L, alanine amino transferase (ALT) $\leq 1.5 \times$ ULN and total bilirubin $\leq 1.0 \times$ ULN at screening. All patients had been using stable lipid lowering therapy for at least three months prior to screening. Alcohol consumption had to be less than three units (30 g) per day and 12 units (120 g) per week for male subjects, and less than two units (20 g) per day and eight units (80 g) per week for female subjects. Patients with IHTG-content exceeding 5% at baseline were excluded from the trial. In addition, 6 subjects with FHBL were included as a 'positive control' group that did not receive treatment. The participants in the FHBL group had to have documented disease due to an apoB-gene mutation, triglyceride levels <2.26 mmol/L (200 mg/dL), HbA1c $<6.0\%$, ALT $\leq 3.0 \times$ ULN and total bilirubin $\leq 1.0 \times$ ULN at screening. All study participants were enrolled at one site in the Netherlands, the Academic Medical Centre in Amsterdam. The study protocol was approved by the local institutional review board. All subjects gave written informed consent. The study was performed in compliance with the standards of Good Clinical Practice (CPMP/ICH/135/95) and the declaration of Helsinki (Washington 2002).

Study design

Subjects with FH were selected to investigate the effects of mipomersen 200 mg/wk for 13 weeks on IHTG-content assessed using ^1H -MRS. Patients were randomized at a 1:1 ratio, active to placebo. Patients, investigators and study staff were blinded to the treatment assignment with the exception of the pharmacist who prepared the study drug. Study drug was administered subcutaneously on Days 1, 8, 15, 22, 29, 36, 43, 50, 57, 64, 71, 78 and 85 (13-week treatment-period). The 200 mg/wk dose was selected based on safety and efficacy data from

previous clinical trials. IHTG-content was assessed at baseline, at Week 4 and at Week 15. Since ALT elevations observed in previous clinical trials clustered around Week 4, this time point was chosen for the first follow-up ¹H-MRS. The main safety endpoint included change in IHTG-content from baseline to Week 15. Pre-specified efficacy endpoints included percent reduction in LDL-c and apoB from baseline. Due to the long half-life of mipomersen, efficacy and safety endpoints were analyzed two weeks after the last dose of study drug at Week 15. The treatment period was followed by a five months evaluation period with monthly visits. As a comparator for the ¹H-MRS values observed in patients using apoB antisense inhibition, we simultaneously assessed IHTG-content in 6 patients with FHBL.

Lipid and lipoprotein analysis

Fasting blood samples were analyzed for lipids and lipoproteins by MedPace (Cincinnati, OH, USA). ApoB, apoA1 and lipoprotein (a) (Lpa) concentrations were determined by rate nephelometry; and total cholesterol (TC) and triglycerides (TGs) were measured by standard enzyme-based colorimetric assays. HDL-cholesterol was determined by an enzyme-based colorimetric assay after dextran-sulfate precipitation. LDL-cholesterol and non-HDL cholesterol were calculated.

¹H-MRS

¹H-MRS was used to quantify IHTG-concentration. ¹H-MRS is a non-invasive technique by which liver triglyceride concentrations can be quantified. This technique has been shown to be well correlated with liver biopsy data in healthy individuals and patients with hepatic steatosis¹⁵. ¹H-MRS was performed at screening, at the end of Week 4 and at Week 15, two weeks after the last dose of mipomersen. Two voxels of 20 x 20 x 20 mm (8000 mm³) were positioned in the right lobe of the liver. Spectra were acquired on a 3.0 Tesla MRI scanner (Philips Medical Systems, Best, the Netherlands) using first order iterative shimming, a PRESS sequence with TE/TR=35/2000 ms and 64 signal acquisitions. The water and fat resonance peaks, located at 4.65 and 1.3 ppm were integrated using jMRUI software¹⁶ and relative fat content was expressed as a ratio of the fat peak area over the cumulative water and fat peak areas. Calculated peak areas of water and fat were corrected for T2 relaxation (T2_{water}=34ms, T2_{fat}=68ms)¹⁷ and the percentage hepatic fat content was calculated according to Szczepaniak et al.¹⁰. Reproducibility of ¹H-MRS to measure IHTG-content using this method has been shown to be high for "between-weeks" measurements in fatty livers¹⁸. An IHTG-concentration of >5.6% was accepted as the ULN¹⁰.

Safety Monitoring

Safety and tolerability of mipomersen was assessed by determining the incidence, severity and possible relationship to the study drug of adverse events and laboratory parameters, including blood chemistry, routine hematology, coagulation and urinalysis. Vital functions were recorded on visits for Days 36, 60, 64 and 78. Full physical examination was performed at screening, Week 15 and Week 25 and a 12-lead electrocardiogram was recorded at screening, Week 4 and Week 15. Subjects returned to the study center two weeks after the last dose of study drug for evaluation of liver triglyceride content by ¹H-MRS. If IHTG-content appeared to be more than 10% or showed an increase of 100% relative to screening values or if ALT levels were >2.0 x ULN, results were submitted to the Data and Safety Monitoring Board (DSMB). Subsequently the DSMB recommended whether another ¹H-MRS evaluation should be performed at Week 25.

Statistical analysis and calculations

Study endpoints were analyzed on the intention-to-treat population, consisting of all 21 subjects randomized as well as on the 6 FHBL positive controls. Missing lipid parameter and liver triglyceride content values at Day 99 were replaced by the last observation carried forward method (LOCF). Demographic and baseline characteristics were summarized using descriptive statistics. Baseline was defined as the last value prior to the first dose both for lipid parameters and IHTG-content. Efficacy endpoints were analyzed two weeks after the last dose, at Day 99 with a window of +6/-7 days. Percentage change from baseline for lipid parameters and absolute change from baseline for IHTG-content were compared between the two treatment groups using the analysis Exact Wilcoxon Rank Sum test with a 0,050 two-sided significance level. Sample size was based upon a standard deviation of 0.65 in the absolute percentage change for IHTG-content and analysis of the data between the two treatment groups¹⁸. Under these assumptions a sample size of 7 per group would provide 80% power to detect a 2% difference in change for IHTG-content with a 0,050 two-sided significance level. Software utilized for the analyses was SAS version 8.2 (SAS Institute, Cary, North Carolina, USA).

Results

Study subjects

Twenty-one subjects with heterozygous FH and fulfilling all other entry criteria were randomly assigned to either mipomersen (n=10) or placebo (n=11) treatment. Demographics and baseline lipid-lowering therapy by treatment group

are summarized in table 1. Baseline lipid parameters were comparable between the treatment groups (table 2). All subjects were on stable lipid-lowering therapy (table 1). Twenty subjects completed the study protocol. One mipomersen-treated subject discontinued treatment after the first dose due to flu-like symptoms.

Efficacy

Thirteen weeks of treatment with mipomersen 200 mg/wk resulted in significant reductions in apoB of 19.9% ($p < 0.001$) with a mean apoB at Week 15 of 104.7 mg/dL (1.0 mmol/L) and concomitant reductions in LDL-c of 22% ($p < 0.01$) with a mean LDL-c at Week 15 of 118.1 mg/dL (3.0 mmol/L) (table 3)

¹H-MRS

Baseline IHTG-content was similar between the two treatment groups with a mean of 1.2% and a range of 0.2-3.2% for the placebo and 0.3-3.8% for the treatment group (table 4). Thirteen weeks of treatment with mipomersen resulted in a mean change from baseline for IHTG-content of 0.8 percentage points compared to

Table 1 Demographics and baseline lipid-lowering therapy

Rx n(%)	Placebo n=11	Mipomersen n=10	FHBL n=6
Gender (M:F) ^a	03:08	06:04	05:01
Age ^b	46 (1)	49 (12)	49 (16)
BMI ^b	26	27	30
Statin (mg/day) ^c			
Atorvastatin			
20		1 (10)	
40	1 (9)	2 (20)	
80	4 (36)	1 (10)	
Rosuvastatin			
5	2 (18)		
20	1 (9)	1 (10)	
40	2 (18)	4 (40)	
Simvastatin			
80		1 (10)	
Pravastatin			
40	1 (9)		
Ezetemibe			
10	7 (64)	9 (90)	
Other	1 (9)	1(10)	

^a M: male F: female. ^b Age and BMI values are the mean (standard deviation). ^c Values represent number of subjects (%) by statin type and dose.

Table 2 Baseline lipid parameters

Lipids (mg/dL)	Placebo (n = 11)	Mipomersen (n = 10)	FHBL (n =6)
LDL-c	155 ± 31	155 ± 37	46 ±18
VLDL-c	18 ± 6	20 ± 7	8 ± 3
Non-HDL-c	173 ± 35	175 ± 38	54 ± 19
HDL-c	46 ± 10	47 ± 13	56 ± 6
TC	219 ± 29	222 ± 37	110 ± 20
TG ^a	91 (52 – 133)	102 (51 – 166)	32 (23 -63)
Apo A1	144 ± 19	149 ± 26	156 ± 20
Apo B	124 ± 24	131 ± 29	35 ± 10
Lp(a)	50 ± 62	78 ± 74	22 ± 22

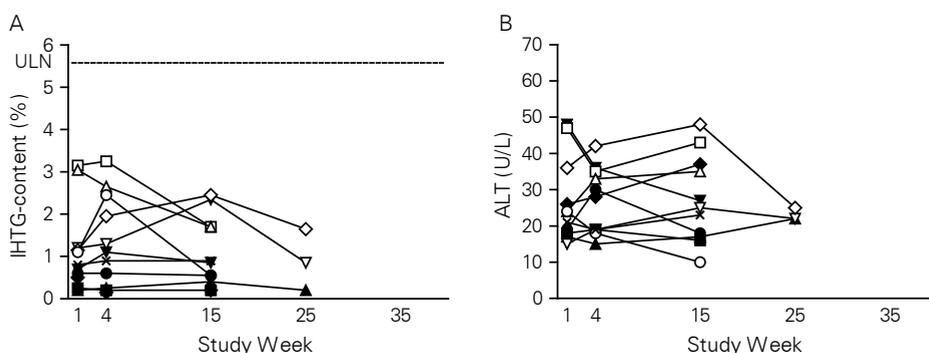
Data are presented as the mean ± standard deviation. ^a Data presented as median (min – max). VLDL-c denotes VLDL-cholesterol; LDL-c denotes LDL-cholesterol; HDL-c denotes HDL-cholesterol; TG denotes triglycerides; TC denotes total cholesterol.

Table 3 Percent change in lipid parameters after 13-weeks of treatment analyzed at Week 15

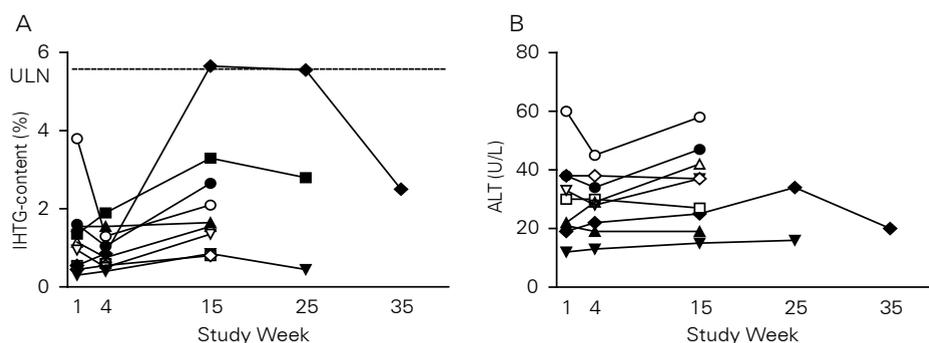
Change from baseline Lipid parameter (%)	Placebo (n = 11)	Mipomersen (n = 10)
LDL-c	1.0 ± 16.5	- 22.0 ± 17.8 ^c
VLDL-c	- 3.1 ± 24.8	- 13.2 ± 13.8
Non-HDL-c	0.4 ± 16.3	- 21.3 ± 16.6 ^b
HDL-c	7.5 ± 12.7	4.0 ± 9.2
TC	1.9 ± 14.9	- 16.4 ± 13.4 ^c
TG ^a	- 7 (-45.9 to 42.3)	- 16.3 (-35.1 to 9.8)
Apo A1	2.2 ± 12.0	- 1.3 ± 8.6
Apo B	5.7 ± 13.1	- 19.9 ± 17.4 ^d
Lp(a)	8.0 ± 16.1	- 19.6 ± 14.9 ^d

VLDL-c denotes VLDL-cholesterol; LDL-c denotes LDL-cholesterol; HDL-c denotes HDL-cholesterol; TG denotes triglycerides; TC denotes total cholesterol. Data are presented as the mean ± standard deviation. ^a Data presented as the median (min – max). ^b p-value <0.05 compared to placebo using the Exact Wilcoxon Rank sum test. ^c p-value <0.01 compared to placebo using the Exact Wilcoxon Rank sum test. ^d p-value <0.001 compared to placebo using the Exact Wilcoxon Rank sum test.

-0.1 percentage points in the placebo group at Week 15 (p=0.0513). One subject treated with mipomersen exceeded the upper limit of normal for IHTG-content of 5.6%. In this particular subject, IHTG-content increased from 0.6% at baseline to 5.7% at Week 15. During follow-up IHTG- content dropped to 5.6% at Week 25 and to 2.5% at Week 35 (figure 1A). In two other subjects in the mipomersen group and in 3 subjects in the placebo group, additional IHTG-content measurements at Week 25 were performed on recommendation of the DSMB because of increases in IHTG-content of >100% relative to screening values. Both subjects in

Figure 1 IHTG-content (A) en ALT (B) in time for the placebo treatment group

Dotted line represents the ULN = 5.6% for IHTG-content.

Figure 2 IHTG-content (A) and ALT (B) in time for mipomersen treatment group

Dotted line represents ULN = 5.6% for IHTG-content.

the mipomersen treatment group showed reduction in IHTG-content at Week 25 compared to Week 15 (figure 1A and 2A).

^1H -MRS measurements in FHBL subjects at baseline showed a mean IHTG-content of 22.6% with a range of 13.2-30.1%. Mean change from baseline to Week 15 for this group was 0.7 percentage points (table 4 and figure 3).

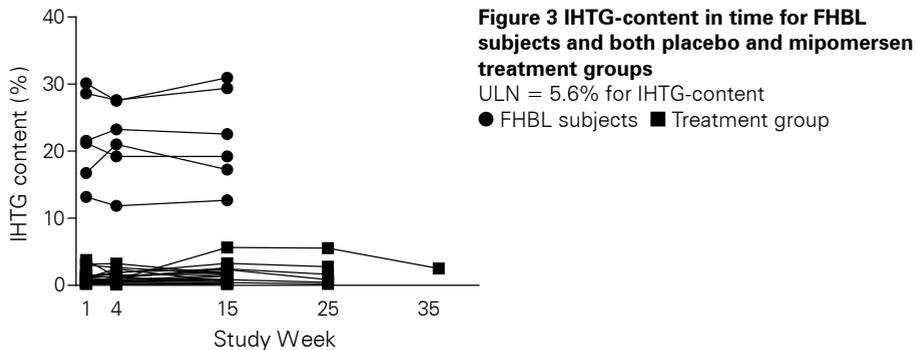
Safety

No serious adverse events occurred in this study. The most common adverse events were injection site reactions (ISR) following subcutaneous administration of mipomersen (table 5). ISRs were generally characterized by erythema that occurred within 24 hours after the injection. ISRs did not worsen on repeated dosing. All subjects treated with mipomersen experienced at least one ISR. Of all injections with mipomersen 19% (22/118) resulted in ISR compared to 9% (13/142) in the placebo group. Other adverse events with a more than 10% incidence

Table 4 Changes in intrahepatic triglyceride content

IHTG-Content (%)	FHBL No-Dosing (n=6)	HeFH Placebo (n=11)	Mipomersen (n=10)
Baseline			
Mean ± SD	21.9 ± 6.5	1.2 ± 1.0	1.2 ± 1.0
Range	13.2 – 30.1	0.2 – 3.2	0.3 – 3.8
Week 4			
Mean ± SD	21.7 ± 5.9	1.2 ± 1.1	1.0 ± 0.5
Range	11.9- 27.6	0.2-3.3	0.4-1.9
Week 15			
Mean ± SD	22.6 ± 6.8	1.1 ± 0.8	2.1 ± 1.5
Range	12.7 – 31.0	0.2 – 2.5	0.8-5.7
Change from baseline to Week 15			
Mean ± SD	0.7 ± 2.1	-0.1 ± 0.9	0.8 ± 1.7 ^a
Range	-2.0 – 4.3	-1.5 – 1.3	-1.7 - 5.1

^a p-value = 0.0513 compared to placebo using the Exact Wilcoxon Rank sum test.



in the mipomersen treatment group were influenza-like illness, influenza, nasopharyngitis, headache, fatigue, myalgia, back pain, abdominal pain, nausea and cough. There were no clinically significant increases in ALT (>3x ULN) (figure 1B and 2B) or other measures of liver function, such as prothrombin time, albumin or bilirubin. Vital signs, electrocardiogram and urinalysis did not show any clinically significant changes.

Discussion

Mipomersen at a dose of 200 mg/wk for thirteen weeks in patients with FH achieved incremental reductions in LDL-c with a concomitant trend towards increased IHTG-content, which did not reach statistical significance. New-onset

Table 5 Treatment-Emergent Adverse Events (> 10 % Mipomersen)

Event	Placebo	Mipomersen
n (%)	(n = 11)	(n = 10)
Injection Site Reaction	8 (73)	10 (100)
Influenza-like Illness	2 (18)	7 (70)
Influenza	1 (9)	3 (30)
Nasopharyngitis	4 (36)	3 (30)
Headache	6 (55)	3 (30)
Fatigue	5 (46)	2 (20)
Myalgia	1 (9)	2 (20)
Back Pain	0 (0)	2 (20)
Upper Abdominal Pain	0 (0)	2 (20)
Nausea	0 (0)	2 (20)
Cough	0 (0)	2 (20)

hepatic steatosis was observed in one patient, which was reversible after discontinuation of the compound. There were no increases in hepatic transaminase levels exceeding 3 × ULN.

The findings in this study may have divergent implications. On the one hand, there was no profound change in IHTG-content following 13 weeks of apoB synthesis inhibition. This observation is in apparent contradiction with the severe hepatic steatosis observed in patients with FHBL as well as patients receiving MTP inhibition^{8;9}. With respect to the FHBL population, it should be taken into account that this disorder is genotypically and phenotypically heterogeneous¹⁹. The vast majority of FHBL variants are caused by mutations in the apoB gene resulting in the formation of truncated forms of apoB. The truncated apoB particles are secreted at lower rate and more rapidly cleared from the plasma resulting in circulating apoB levels approximately 25% of normal²⁰⁻²² with a concomitant 3-5 fold increase in hepatic triglyceride content^{13;14}. In contrast mutations linked to the 3p21 locus result in qualitatively normal and only quantitatively abnormal apoB. Due to decreased secretion of apoB this FHBL variant is associated with circulating apoB plasma levels of approximately 44% of normal²². Interestingly, in these FHBL patients hepatic steatosis is not present²³. The genes involved in this particular FHBL variant have not been identified yet and unfortunately the mechanism for the absence of fatty liver in FHBL linked to 3p21 remains unknown²⁴. Therefore, the relation between decreased availability of apoB and IHTG-content is not fully elucidated.

The second comparison concerns the use of MTP inhibitors. MTP mediates the transfer of triglycerides on to the apoB particles prior to export from the liver²⁵. In

both experimental models and clinical trials, the inhibition of MTP was associated with profound increases in IHTG-content^{8;9}. These findings fueled the concept that interference with triglyceride-rich VLDL secretion from the liver may invariably contribute to hepatic steatosis. Yet, although apoB acts in the same pathway as MTP, the present observation does not support severe steatotic responses following mipomersen administration. In line with these findings, apoB synthesis inhibition did not result in hepatic triglyceride accumulation in specific mouse and monkey models, in contrast to the use of MTP inhibitors in these same models^{26;27}. The latter has mechanistically been ascribed to a compensatory decrease in fatty acid synthesis combined with an increase in fatty acid oxidation during apoB synthesis inhibition, as was suggested by results from microarray analysis of liver mRNA from these experimental models²⁷. Such effects may in part explain the heterogeneous findings between these two treatment strategies²⁶.

On the other hand, it should be taken into account that in the current trial a trend towards an increase IHTG-content was observed, accompanied by one subject progressing into new-onset hepatic steatosis in spite of a relatively modest group size. In this respect, it should be noted that the present study was designed to detect large differences in IHTG-content between the two treatment groups, similar to the severe increases reported following MTP-inhibition⁸. In addition, lipid reductions were less than those reported in previous clinical trials with mipomersen. In an earlier study, treatment with mipomersen 200 mg/wk resulted in reductions of apoB of 36 % compared to 19.9% in the present study. In addition increases in ALT of >3 x ULN were observed in 50% of the study subjects in this cohort²⁸. In the latter trial, however, a loading dose consisting of two additional doses of mipomersen, was administered during week one. A dose of 200 mg of mipomersen weekly without a loading dose regimen has been suggested to produce steady state tissue concentrations no earlier than after 26 weeks of treatment²⁹. Since tissue concentrations after thirteen weeks of treatment are thought to be in the range of 70% of steady state, an additional reduction in apoB can be expected following prolonged exposure. Taking into account that the degree of apoB synthesis inhibition may determine the extent of hepatic triglyceride accumulation, the present findings do not rule out the possibility of a steatotic response following prolonged treatment with mipomersen. Steatotic changes following inhibition of VLDL-excretion by the liver may, however, differ from hepatic steatosis observed in patients with non-alcoholic fatty liver disease (NAFLD)³⁰. In fact, although long-term follow up data on liver safety in FHBL is scarce, hepatic fat accumulation in patients with FHBL has not been associated with liver disease³¹. Conversely, in NAFLD, progression to fibrosis, cirrhosis and even hepatocellular carcinoma has been reported^{32;33}. Although the present

observation of minor changes in IHTG-content does not raise safety concerns, these findings do require further validation following prolonged treatment with mipomersen, particularly in subjects at increased risk of hepatic steatosis.

ApoB synthesis inhibition is an attractive target to establish incremental LDL-c lowering on top of statin therapy in patients with FH. However, the tendency towards an increase in IHTG-content combined with one patient with new-onset hepatic steatosis in the mipomersen group, as observed in the present study, underscores the need for additional safety studies. Specifically the effect of mipomersen on IHTG-content needs to be evaluated following prolonged treatment duration and in a larger number of subjects including those at increased risk of hepatic steatosis.

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