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Appendices

Appendix A

Abbreviations and terminologies

¢ Ghanaian Cedi	during the research, the currency rate was €1 = ¢10,000. In summer 2007, the exchange rate was changed to €1= ¢1.
CSSD	Central Sterilisation Service Department
Daily Graphic	Daily Newspaper in Ghana
(D)DNS	(Deputy) Director of Nursing Services
EN	Enrolled Nurse
GHS	Ghana Health Service
GSS	Ghana Statistical Service
GRNA	Ghana Registered Nursing Association
HCA	Health Care Assistant
ICN	International Council of Nurses
Last offices	A nursing procedure carried out after a patient died. The dead body is undressed, eyes closed, the yawn tied up, arms and legs tied together. Finally, the body is labelled and wrapped up in a cloth. Upon notice, workers of the mortuary arrive to collect the body.
MoH	Ghana Ministry of Health
NMC	Nursing and Midwifery Council
NMIMR	Noguchi Memorial Institute for Medical Research
NO	Nursing Officer
NTC	Nursing Training College
PM	Post Mortem examination, also called autopsy. A medical procedure that consists of a thorough examination of a corpse to determine the cause and manner of death
PNO	Principal Nursing Officer (matron)
QRN	Qualified Registered Nurse
RGN	Registered General Nurse (since 2007)
SIL	Seriously ill patient
SME	Surgical and medical emergency unit
SN	Staff Nurse
SNO	Senior Nursing Officer
SRN	State Registered Nurse (till 2007)
SSN	Senior Staff Nurse
Trotro	Small van to transport people, cheapest means of transport

Vital signs	Parameters of a patient's condition checked regularly by health workers, they include blood pressure, pulse, respiration rate and temperature.

Appendix B

List of Tables

Table 1: General information on the hospital's capacity 115

Table 2: Number and rank of nurses in the hospital in 2005 116

Table 3: Age distribution of nurses in the hospital in 2005 116

Table 4: Distribution of nurses by rank 117

Table 5: Number of patients on the female medical ward in 2005 118

Table 6: Patients on the ward by diagnosis 118

Table 7: Patients on the ward by socio-demographic characteristics 119

Table 8: The dress code of nurses 149

Table 9: Regular working duties on the ward 157

Table 10: Costs and expenditures in the hospital in 2005 203

Appendix C

Statistics on Ghana

	2006	Past
Population	22,113 million	1960: > 6.7 million
Population in urban areas	46%	1970: 30%
Adult literacy rate	54%	1989: 32%
Primary school enrolment	63%	1992: 73%
Gross national income pp	$ 380	1981: 400
Government expenditure on health as % of budget	5%	1976: 10% 1980: 8%
Per capita expenditure on health - Private - governmental	$ 17 68% 32%	
Life expectancy	Male 58 Female 59	1957: 45 1970: 48
Infant mortality	68/ 1.000	1967: 250/ 1.000 1988: 77/ 1.000
Maternal mortality	540/ 100.000	Ca 1990: 500-1500/ 100.000
Measles Immunization coverage	83%	1994: 49,2 %
AIDS prevalence	3.6 %	First cases in 1998
Access to safe water	Rural: 52% Urban: 88%	
Access to adequate disposal facilities	Rural: 62% Urban: 44%	
Access to pipe borne (safe) water	Rural: 19% Urban 80%	
Improved sanitation facilities	Rural: 10% Urban: 25%	1988: rural: 22 urban: 63

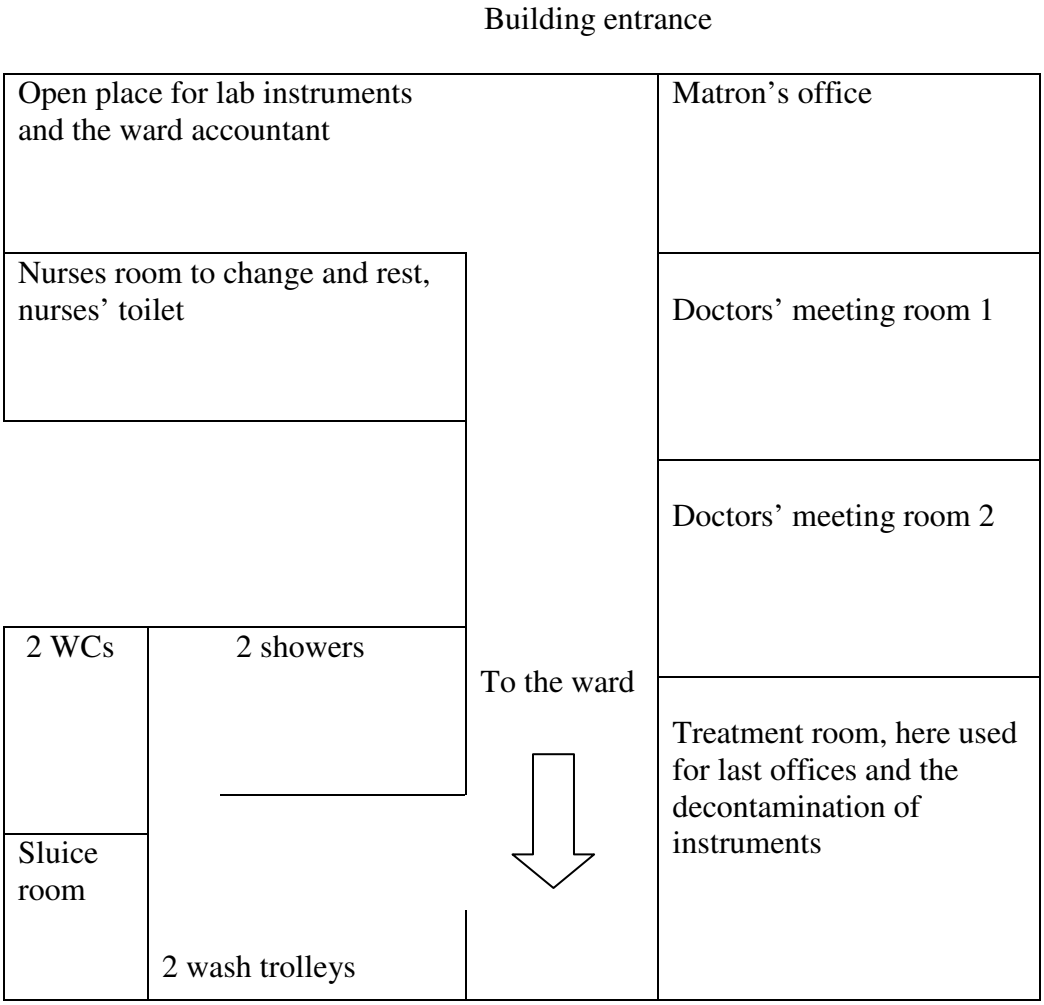
Facts on the health care system in Ghana

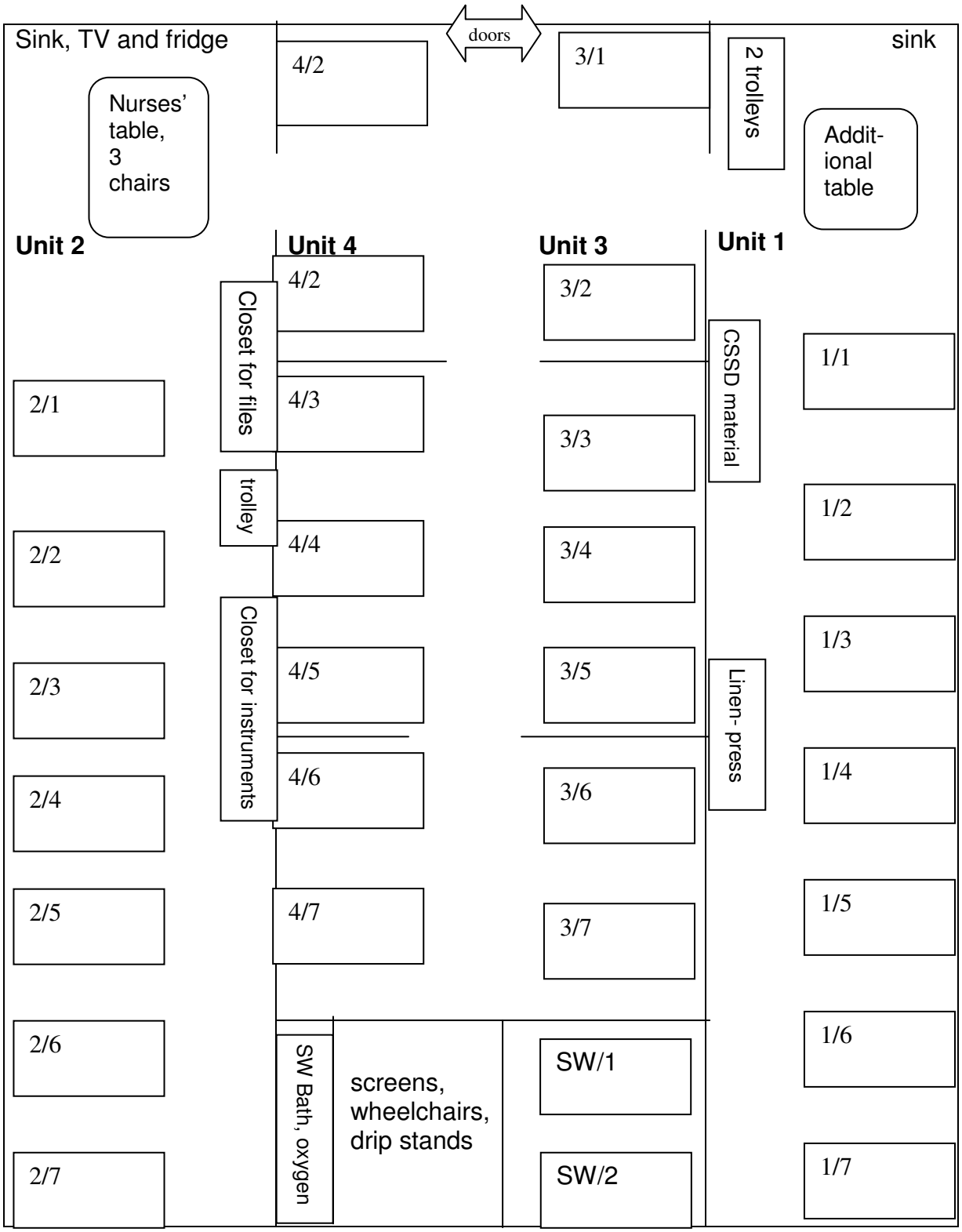
Physicians	3,240	1957: 330 1960: 372
Nurses	19,707	1957: 800 1960: 1,684
Physician vacancy rate	47.3 %	1998: 42.6 %
Nurse vacancy rate	57 %	1998: 25.5 %
Hospital beds	>20,000	1960: 2,354
Physician: population ratio	1: 6,790	1960: 1: 18,000
Nurse: population ratio	1: 1,116	1960: 1: 4,000
Bed: population ratio	1: 1,100	1: 2,800
Access to health service within 30 minutes	Rural: 15-50% Urban: 50- 93%	
OPD visits/ capita	0.50	
Hospital admissions	36/ 1,000	1996: 25/ 1,000

Sources: WHO statistics 2004, WHO 2006, Addae 1996, Twumasi 1979, Senah 1997, Nyonator 2004, Dugbatey 1999, Ghana 2003.

Appendix D

The ward setting




Sink, TV and fridge
doors
sink
4/2
3/1
2 trolleys
Nurses' table, 3 chairs
Addit-ional table
Unit 2
Unit 4
Unit 3
Unit 1
4/2
3/2
Closet for files
CSSD material
1/1
2/1
4/3
3/3
trolley
1/2
2/2
4/4
3/4
Closet for instruments
1/3
2/3
4/5
3/5
Linen- press
1/4
2/4
4/6
3/6
1/5
2/5
4/7
3/7
1/6
2/6
SW Bath, oxygen
screens, wheelchairs, drip stands
SW/1
1/7
2/7
SW/2

Appendix E

List of nurses and patients (pseudonyms)

Nurses	*Rank*
Alice	Retired Nurse and Chief Nursing Officer
Ama	HCA
Araba	DNS
Bridget	Degree Student final year
Catherine	PNO
Cecile	Degree Student final year
Comfort	Mature degree student
Dora	Retired Community Health Nurse
Edith	PNO
Ernestina	Senior Lecturer
Esther	PNO
Evelyn	Junior Lecturer at NTC
Faustina	Degree Student final year
Gladys	Diploma Student final year
Gloria	Degree Student final year
Grace	SNO
Hilda	PNO
Josephine	Rotation Nurse
Rosemond	SN

Joy	SN
Joyce	SSN
Kate	Degree Student final year
Kofi	Degree Student second year
Liz	Retired nurse
Lydia	SN
Maggy	SNO
Martha	EN
Mary	PNO
Naa	Nurse working for the MoH
Phyllis	EN
Rachel	Mature Degree Student
Regina	DDNS
Stephen	Degree Student second year
Susan	Rotation Nurse
Tyra	Diploma Student final year
Vivian	SNO
Vicky	Diploma Student final year

Patients	*Age and diagnosis*
Akosua	19, Leukaemia, died at home
Angela	37, diabetes and gangrene
Elisabeth Kwasie	59 years, Tbc, discharged after more than four months on the ward
Lizzy	18, Stephen Johnson Syndrome, died on the ward
Mandy	20, leukaemia, died on the ward
Naa	18, Sickle Cell Anemia, died in another hospital
Stella	21, hypothyroid disease

Appendix F

ABOYOO
By A.A. Amartey, 1979

1. Come, whoever is passing,
Come and listen to me.
Listen to my complaint
My small story.
If you have read it before
Judge for me:
If yes, say yes, if no, say no.
I, Aboyoo, Dede[93] Aboyoo,
This is my song, come and sing with me.

2. It is the character of man to forget
But if we sit down
And let forgetfulness become part of us
It is not proper.
Is that not an evil intention?
Judge for me:
If yes, say yes, if no, say no.
I, Aboyoo, Dede Aboyoo,
This is my song, come and sing with me.

3. From time immemorial
Because of this Accra
I had to stand like a man
Not a very small man.
The men of today do not know
What I have done before.
All this is the fault of their fathers
Haven't they been ungrateful?
If yes, say yes, if no, say no.
I, Aboyoo, Dede Aboyoo,
This is my song, come and sing with me.

4. Do people need fish?
Three times in every year
I pour it down for them
I gave them vast land
For the construction of Korle Bu hospital
If I did this for them
Have I done my children evil[94]?
If yes, say yes, if no, say no.
I, Aboyoo, Dede Aboyoo,
This is my song, come and sing with me.

1. Ba, bo mɔ ni hoɔ
Baabo toi oham
Kɛji onu tsɔ
Mimaniɛ kpɔoo nɛɛ;
Kɛ okane da
Loo onu agba,
Buamɔ he oha mi:
Kɛ Hɛɛ lɛ, kɛɛmɔ;
Kɛ Dabi, kaashe!
Mi Abooyo, Dede Aboyoo,
Milala nɛ; nyɛlaa koo!

2. Adesa he nɔ
Ji henɔkpamɔ
Shi kɛ ata shi
Ni henɔkpamɔ
Batsɔ subaŋ lɛ
Kwɛ jeee yiŋsha nɛ?
Buamɔ he oha mi:
Kɛ Hɛɛ lɛ, kɛɛmɔ;
Kɛ Dabi, kaashe!
Mi Abooyo, Dede Aboyoo,
Milala nɛ; nyɛlaa koo!

3. Blema tsutsu ko
Ga nɛɛ hewɔ lɛ
Midamɔ shi nuu;
Ni jeee nuu shwɛbi
ŋmɛnɛŋmɛnɛbii
leee; fɛɛ jɛ tsɛmɛi.
Afeko minɔ trumu?
Kɛ Hɛɛ lɛ, kɛɛmɔ;
Kɛ Dabi, kaashe!
Mi Abooyo, Dede Aboyoo,
Milala nɛ; nyɛlaa koo!

4. Yeliloo n'ehia?
Shii etɛ daa 'fi
Mifrɔkeɔ shwieɔ shi;
Shipɔŋ shwaŋŋ miduro
Kɛɛma tsamohe.
Aso nɛkɛ lɛ
Mifee bii efɔŋ?
Kɛ Hɛɛ lɛ, kɛɛmɔ; Kɛ Dabi, kaashe!
Mi Abooyo, Dede Aboyoo,
Milala nɛ; nyɛlaa koo!

[93] Dede is the name given to the first born girl in the family
[94] Have I not done my best?

5. I was there for a long time
But people forgot about me.
Nobody cries for my youth to come again
People can do it
But they cry about themselves.
Is that right?
If yes, say yes, if no, say no.
I, Aboyoo, Dede Aboyoo,
This is my song, come and sing with me.

6. What is paining me
does not pain the people
If I had only known
That today I would break down
And become what I am today
And the crowd passing over me
at my old age
I would have done something.
If yes, say yes, if no, say no.
I, Aboyoo, Dede Aboyoo,
This is my song, come and sing with me.

7. Yes, a time came
Where I brought forth a newborn
It heard my cry
She is giving me back my youthful days
And this person is Ghana
Am I telling lies?
If yes, say yes, if no, say no.
I, Aboyoo, Dede Aboyoo,
This is my song, come and sing with me.

8. This is my poem
And my short song
If you are challenged by this
And you are convinced
To serve your country Ghana
Give yourself up.
Is this advice so difficult?
If yes, say yes, if no, say no.
I, Aboyoo, Dede Aboyoo,
This is my song, come and sing with me.

9. Why are you neglecting
This old woman
Full of wisdom and advice
Who is depicting the wisdom of black man?
Judge for me
Yours should be Yes
No should not be part of you.
I, Aboyoo, Dede Aboyoo,
This is my song, come and sing with me.

5. Hiɛ je minɔ, be
Kplaŋŋ ni mibua shi.
Mɔ ko fooo koni
Miblayeiaŋ aha.
Gbɔmɔ baanyɛ, shi
Eefo enɔ mli.Aso enɛ ja?
Kɛ Hɛɛ lɛ, kɛɛmɔ;Kɛ Dabi, kaashe!
Mi Abooyo, Dede Aboyoo,
Milala nɛ; nyɛlaa koo!

6. Mɔ nɔ edɔɔɔ mɔ!
Kɛ mihe miye
Akɛ makumɔ
Kɛ afui ekoŋŋ
Mile atatu
Nɛɛ baakplaŋ kɛho.
Migbalɛ lɛ be mli?
Kɛ Hɛɛ lɛ, kɛɛmɔ; Kɛ Dabi, kaashe!
Mi Abooyo, Dede Aboyoo,
Milala nɛ; nyɛlaa koo!

7. Lɛɛlɛŋ, be lɛ ba.
Bi hee jɛ mimli
Nu miyaafo he.
Lɛ ebakpale
Miblayeiaŋ eha mi.
Ghaana ji bi nɛɛ.
Aso mimale?
Kɛ Hɛɛ lɛ, kɛɛmɔ;Kɛ Dabi, kaashe!
Mi Abooyo, Dede Aboyoo,
Milala nɛ; nyɛlaa koo!

8. Mibɛ mibuɔ kɛ
Lala kuku nɛɛ.
Kɛ oyinɔ shi
Ogbo, maŋ hewɔ
Kɛbi bosɔɔmɔ
Kpoomɔ ohe oha.
Aso ŋaa nɛɛ joɔ?
Kɛ Hɛɛ lɛ, kɛɛmɔ;Kɛ Dabi, kaashe!
Mi Abooyo, Dede Aboyoo,
Milala nɛ; nyɛlaa koo!

9. Mɛɛba oyaŋeɔ Teteete blema
N'efɛo kɛ nilee Mata tɔtɔtɔ
Ni tɛɔ mɔdiŋ Jebɔ kɛ nyam?
Buamɔ he oha mi! Nyɛnɔ afee Hɛɛ!
Dabi lɛ, kosɛ!
Mi Abooyo, Dede Abooyo,
Milala nɛ, nyɛlaa koo!