Downloaded from UvA-DARE, the institutional repository of the University of Amsterdam (UvA)
http://dare.uva.nl/document/152408

File ID	152408
Filename	Contents

SOURCE (OR PART OF THE FOLLOWING SOURCE):

Type	Dissertation
Title	Helping families change: The adoption of the Triple P - Positive Parenting Program in the Netherlands
Author	I.M. de Graaf
Faculty	Faculty of Social and Behavioural Sciences
Year	2009
Pages	152
ISBN	9789052536491

FULL BIBLIOGRAPHIC DETAILS:
http://dare.uva.nl/record/321145

Copyright

It is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), other than for strictly personal, individual use.

UvA-DARE is a service provided by the library of the University of Amsterdam (http://dare.uva.nl)

Contents

1	**General introduction**	**5**
1.1	Objective and research questions	5
1.2	Behavioral and emotional problems in children	5
1.3	Parenting interventions	6
1.4	The Triple P – Positive Parenting Program	7
1.5	Theoretical basis	7
1.6	Principle of self-regulation	8
1.7	Principles of Positive Parenting	8
1.8	Implementation trial	11
1.9	Outline of the thesis	12
2	**What are the effects of Triple P on parenting?**	**15**
2.1	Introduction	15
2.2	The Triple P Positive Parenting Program	16
2.3	Meta-Analysis of Level 4 Interventions	19
2.4	Results on Parenting Styles and Parental Competences	26
2.5	Summary and Discussion	30
2.6	Conclusions	32
3	**Is Triple P effective on behavior problems in children?**	**37**
3.1	The Triple P Positive Parenting Program	37
3.2	Meta-Analysis	40
3.3	Method	41
3.4	Results	47
3.5	Discussion	49
3.6	Conclusion	51
4	**Is Primary Care Triple P an addition to the primary care parenting support in the Netherlands?**	**57**
4.1	Introduction	57
4.2	Method	60
4.3	Results	68
4.4	Discussion	74
5	**What are the results of Group and Standard Triple P for parents and children in the Dutch mental health care and youth care?**	**81**
5.1	Introduction	81
5.2	Purposes of this study	83
5.3	Methods	84
5.4	Results	88
5.5	Discussion	93

6 How to implement a multilevel program in another country? 99
6.1 Introduction 99
6.2 The multilevel Triple P-Positive Parenting Program 101
6.3 Situation before implementation 101
6.4 The REP framework 102
6.5 Description of the implementation trial in the Netherlands 103
6.6 Discussion 115
6.7 Conclusions 119

7 Summary of preceding chapters 123
7.1 General introduction 123
7.2 What are the effects of Triple P on parenting? 123
7.3 Is Triple P effective on behavior problems in children? 124
7.4 Is Primary Care Triple P an addition to the primary care parenting support in the Netherlands? 125
7.5 What is the impact of Group and Standard Triple P on child's behavior, parenting and parental psychopathology in the Dutch practice? 125
7.6 How to implement a multilevel program in another country? 126

8 General Discussion 129
8.1 Introduction 129
8.2 The international evidence-based status of the program 130
8.3 Implementation trial in the Netherlands 132
8.4 Implications for a large-scale implementation 136
8.5 Limitations of the thesis 140
8.6 Recommendations for further research 141

9 Nederlandse samenvatting 145
9.1 Inleiding 145
9.2 Wat zijn de effecten van Triple P op opvoeden? 146
9.3 Is Triple P effectief voor de gedragsproblemen van kinderen? 146
9.4 Is Gericht Advies (niveau 3 Triple P) een aanvulling op de bestaande programma's opvoedingsondersteuning in de eerste lijn voorzieningen in Nederland? 147
9.5 Wat is de impact van de Groep en Individuele Triple P interventies op het kindgedrag, opvoeden en psychopathologie van de ouders in de Nederlandse praktijk? 148
9.6 Hoe kan een *multi level* programma in een ander land worden geïmplementeerd? 149

10 Dankwoord 151